1. Canadian Mental Health Association, Sault Ste. Marie Branch
386 Queen St E
Sault Ste. Marie ON P6A 1Z1
Tel: 705-759-0458
Fax: 705-945-0261
Email: information@cmhassm.com

An automated telephone service is in use. Please use the [CMHA Staff List](http://ssm-algoma.cmha.ca/files/2012/10/CMHA-Staff-List2.doc) in order to contact the most appropriate staff person or simply leave a message on the main line.

**Office Hours:**

Monday – Friday: 8:30 am to 4:30 pm.

*Closed weekends and Public Holidays*

**Sault Ste. Marie Services**

Services are located on all three floors of the building.  If you are not sure where you are to go, please present at the main entrance located off of Queen Street East.

**Sault Area Hospital**

**Community Programs**

**Crisis Services** consists of: Crisis Intervention Workers, Psychiatric Nurses and Mobile Crisis Response Workers. Workers aim to prevent crises from worsening and help to resolve crises as quickly as possible. Intervention is designed to be brief and short-term in nature. The goal of the service is to provide multidisciplinary assessments of individual needs, when possible provide service where the crisis is occurring, facilitate appropriate referrals to community service providers and deliver a high quality crisis service in the Algoma District

**Days/hours of operation:**
Monday - Friday, 0800-2400 Hrs.
Saturday, Sunday & Stat Holidays --1000-2400 Hrs.
Crisis Intervention Worker on call after office hours

**Contact:**
(705) 759-3398 (Sault Ste. Marie)
1 (800) 721-0077 (outlying areas of the Algoma District)
(705) 759-3803 (Business)
(705) 759-3873 (Fax)

**Algoma East Counseling Services** offers out-patient counselling to individuals and families experiencing difficulties with mental health issues. The service is offered in East Algoma, at sites in Thessalon and Richard's Landing. Preference is given to clients with severe mental illnesses 18 years of age and over.
 **Days/hours of operation:**

This service is available once per week (usually on Wednesday or Thursday)

**Contact:**
(705) 759-6684

**Beginnings Transition House** is an 8 bed social rehabilitation home providing 24-hour supportive care to adults, aged 16 years or over, diagnosed with a chronic mental illness. The program, assists the individual resident to achieve an optimal level of functioning, and promotes successful return to community living.
 **Days/hours of operation:**
7 days/week, 24 hours/day
 **Contact:**
Extension 3823

**Program for Assertive Community Treatment (PACT)** is for those 18+ who have complex bio-psycho-social needs due to severe and persistent mental illness such as Bipolar disorder, Schizophrenia and Schizoaffective disorder. Intensive treatment, rehabilitation and support include assertive outreach, 24-hour crisis assessment, supportive counseling medication monitoring, skills building and advocacy.
**Days/hours of operation:**
0800 - 2000 hours, 7 days a week
2000 - 0800 crisis support through Crisis Services
**Contact**: (705) 253-9671

**STEP (Strategies for Treatment of Early Psychosis)** is a program of early intervention adopted by Sault Area Hospital. It was developed to assist young people ages 16 - 35 cope with their first episode of psychosis. The goal is to provide prompt assessment and comprehensive, medical and psychosocial treatment for individuals experiencing psychosis, who have not been treated in the past. The patient, family needs, and the stage of illness guide the intensity of the treatment. Early intervention greatly increases the potential for successful recovery. More information about psychosis can be found at [www.psychosis101.ca](http://www.psychosis101.ca/)

**Days/hours of operation:**
Monday - Friday, 0800-1600 hours

**Contact:** (705) 759-3434
Extension 4231

**Transitional Care** offers a variety of educational programs to individuals having a mental illness. The clinical skills and social supports available through the program strive to help these individuals stay in the community, avoid hospitalization and enhance their quality of life.
 **Days/hours of operation:**
Monday - Friday, 0800-1600 hours

**Contact:** (705) 759-3434
Extension 4634

Algoma Public Health. Sault Ste Marie. Community Mental Health

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Services

Assists individuals with a primary diagnosis of severe and persistent mental illness to live independently in the community
**Case Management**

* Works with consumers to improve their quality of life and level of wellness
* Provides services in a place of consumer choice, predominantly in the community
* Focuses on individuals with mental illness who are homeless or at risk of becoming homeless

Provides assistance in the following areas:

* Consultation and assessment
* Coordination and advocacy
* Crisis support
* Financial assistance and budgeting
* Family support
* Interpersonal support
* Improving living skills
* Medication monitoring
* Supportive counselling

**Community Treatment Orders (CTO)**

* Provides a treatment and service plan issued by a physician in consultation and coordination with the consumer and service providers
* Provides case management services and support

**Supported Housing**

* Empowers consumers to live in accommodations of their choice
* Offers flexible and individualized supports that vary in intensity
* Assists individuals in acquiring and maintaining housing

Address

294 Willow Ave, Sault Ste Marie, ON P6B 0A9

Location

Sault Ste. Marie

Office phone

705-942-4646

Fax

705-759-1534

Website

[www.algomapublichealth.com](http://www.algomapublichealth.com)

Hours

Mon-Fri 8:30 am-4:30 pm

Eligibility

Individuals with a primary diagnosis of severe and persistent mental illness

How to apply

Call for details

Languages

English

Fees

None

Physical access

Fully Accessible

Legal status

Non Profit

Last full update

20-Aug-14

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23-Mar-15

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